

# LifeEz!

Change your Life today!

Finally  
Live,  
Stress  
Free!

LifeEz is changing  
live's around the world  
& improving health!

Life  
suddenly  
got a  
whole lot  
better.

Discover how  
good life can  
be with LifeEz.

Get results now!



## Strength

LifeEz is power packed  
with essential health  
improving ingredients.

## Balance

Help the body create a  
feeling of wholeness  
and well-being.

## Serenity

Say goodbye to  
depression and stress.  
Say hello to happiness!



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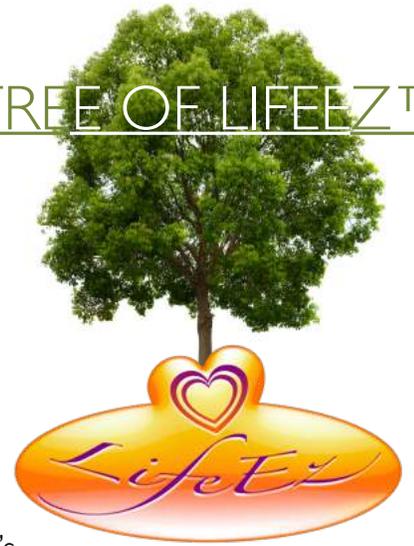
# PERSONAL AGENDA



The amazing LifeEz product is just what you've been looking for to create the new you!

Packed with incredible goodness and found right in nature's cornucopia of natural energy, LifeEz is a dynamic breakthrough in the field of reducing stress and building the ultimate mind, body and aids immune system recovery.

A totally unique product whose time horizon has arrived! Just by taking a few capsules a day, keeps you in a state of health and well being. So let's dig right into the ingredient list of LifeEz and all of its outstanding benefits designed to fully bring anyone into a new being and state of mind.



### The Super Mind Whole Food Formula!

First up is **Valerian Root Extract**: - Getting a goodnight's sleep is paramount and unfortunately not the norm for most people now-a-days. Valerian is ideal for dealing with sleep problems. Valerian has sedative and anxiolytic benefits. It produces a calming effect and can help aid overcoming anxiety and insomnia.



**Skullcap Herb** - has the ability to relieve tension and lower blood pressure. Skullcap has been used for abnormally tense or twitching muscles that occurs in Parkinson's disease and epilepsy. In addition, skullcap has also been found to have anti-inflammatory action. Studies have shown that skullcap inhibits release of acetylcholine and histamine, two substances discharged by cells that cause inflammation.



**Ginkgo Leaf Extract** - has been found to enhance cognitive function in people with known cognitive problems. The plant has a number of therapeutic properties and contains high levels of flavonoids and terpenoids, antioxidants that provide protection against oxidative cell damage from harmful free radicals.



**Hops Flower** - used for anxiety, inability to sleep and other sleep disorders, restlessness, tension, excitability, attention deficit-hyperactivity disorder (ADHD), nervousness, and irritability. It is also used to improve appetite, increase urine flow, start the flow of breast milk, as a bitter tonic, and for indigestion.



**Mullien Leaf** - used for cough, whooping cough, tuberculosis, bronchitis, hoarseness, pneumonia, earaches, colds, chills, flu, fever, allergies, and sore throat. Other uses include asthma, diarrhea, colic gastrointestinal bleeding, migraines, joint pain, and gout. It is also effective as a sedative and as a diuretic to increase urine output.





## UNEQUALED GOODNESS

**Oregon Grape Root** - used for stomach ulcers, gastroesophageal reflux disease, stomach upset, as a bitter tonic, to treat infections, and to cleanse the bowels. Oregon Grape may also slow the overproduction of skin cells in diseases such as psoriasis.



**St. John Wort Extract** - most commonly used for depression and accompanying conditions such as anxiety, tiredness, loss of appetite and trouble sleeping. Other uses include heart palpitations, moodiness and other symptoms of menopause, attention deficit-hyperactivity disorder (ADHD), obsessive-compulsive disorder (OCD), and seasonal affective disorder (SAD).

**Blue Vervain Herb** - healing properties are attributed primarily to its bitter and stimulating effect on the liver and other organs, as well as its relaxing effect on the nervous system. It is also beneficial to relieve headache, earache, and rheumatism.



**Cayenne 40 MHU** - is a great food for the circulatory system. It helps feed the necessary elements into the cell structure of the arteries, veins and capillaries to regain elasticity and allow blood pressure to adjust itself to normal. It helps rebuild the tissue in the stomach and may help with stomach and intestinal ulcers in equalizing blood circulation. Cayenne produces natural warmth and aids in stimulating the peristaltic motion of the intestines.



**Lobelia Herb** - is used for breathing problems including asthma, bronchitis, whooping cough and shortness of breath. Some people take lobelia as a sedative to help them relax. Other people use it to increase sweating. Lobelia contains chemicals that thin mucus to make it easier to cough up, and help breathing, especially in people with asthma.



**Dandelion Root** - is a rich source of beta-carotene, which converts into vitamin A. It is rich in vitamin C, fiber, potassium, iron, calcium, magnesium, zinc, and phosphorus. It is a good place to get B complex vitamins, trace minerals, organic sodium and even vitamin D. Dandelion contains protein too, more than spinach. It has been used for thousands of years to treat anemia, scurvy, skin problems, blood disorders, and depression. In addition, it contains properties that aid in digestion, clean the kidneys, detox the liver. High in antioxidants, it helps prevent free radical damage to cells, slowing down the aging process.

**Gotu Kola Herb** - among the many benefits, Gotu Kola Herb rejuvenates the nervous system and is recommended for nervous disorders, including epilepsy, senility. In addition, it is an effective as a preventative to premature aging. As a brain tonic, it is said to aid intelligence and memory. It strengthens the adrenal glands while cleansing the blood to treat skin impurities. It is said to combat stress, and depression, energize flagging mental powers, increase libido, ward off a nervous breakdown and improve reflexes. It energizes the central nervous system and rebuilds energy reserves.





# BALANCE - STRENGTH - SERENITY

**Sarsaparilla Root** - is used to clean the blood and treat skin conditions. It contains vitamins A, B-complex, C and D, also iron, manganese, sodium, silicon, sulfur, copper, Zinc and iodine. Sarsaparilla has detoxifying and anti-inflammatory properties, binds with toxins, and is used to improve liver and blood functioning. It is also used for its anti-inflammatory properties to treat conditions like arthritis, edema, hepatitis, jaundice, rheumatism, and other blood conditions. Sarsaparilla Root is also known to increase the excretion of uric acid, which makes it effective in the treatment of urinary tract infections.



**Rosemary Leaf** - is often used to increase concentration memory, and to relieve stress. Rosemary will help lower cortisol levels and help reduce anxiety.



**Alfalfa Leaf** - contains a broad spectrum of nutrients, including considerable quantities of protein, trace mineral and vitamins, dietary fiber and chlorophyll, which serves as antioxidants in the bloodstream. Alfalfa leaf is a tonic herb, one that supports health by nourishing the body. Alfalfa leaf is of special interest to women because of its estrogenic activity. Chemicals in alfalfa called saponins can help lower blood cholesterol without affecting heart healthy HDL cholesterol.



**Barley Grass** - contains a large number of vitamins and minerals. These include potassium, calcium, magnesium, iron, copper, phosphorus, manganese, zinc, beta carotene, B1, B2, B6, C folic acid, and pantothenic acid. Enzymes in barley grass are the necessary regulators of the body. It has one of the highest natural levels of enzyme SOD (superoxide dismutase), which is a powerful antioxidant that protecting cells against toxic free radicals, thought to be a primary culprit in aging. Barley grass contains one of the most amazing nutrients: chlorophyll, a natural detoxifier that rids the intestines of stored toxins.

**Prehistoric Wheat Grass** - is particularly high in chlorophyll, which cleanses and builds the blood. Chlorophyll is the first product of light and therefore contains more healing properties than any other element. Chlorophyll is known as the 'life-blood' of the plants. Chlorophyll carries high levels of oxygen, which it delivers to the blood to assist the body to restore abnormalities. Red blood cell counts rise and blood oxygen levels rise very quickly, delivering more oxygen to the brain which uses 25% of the oxygen supply. This high oxygen content helps support the body and mind.





WHAT PEOPLE ARE SAYING "THIS FORMULA IS THE BEST THING FOR TRULY DISCOVERING THE BENEFITS OF LIVING A STRESS FREE WAY. WOW, WHAT AN IMPROVEMENT IN LIFE!"

**Robert and Debbie** - We use LifeEz™ for anxiety and it works like a dream. As a result, we are both more focused with less stress in our life than ever before. Our use and study of these herbs have made us realize how this formula aids in repairing the nervous system, along with increasing mental acuteness. Anyone dealing with the everyday stresses of life will benefit from using LifeEz™.

**Nancy and Gary** - We noticed a huge difference within a few days of using this outstanding product. It has a fast calming effect and has literally changed our lives. We have greater patience with each other and our family, with no noticed side effects at all.

**James** - I was a heavy user of well known anti depressants and suffered many ill side effects from their consumption. Just after 3 days of using this "super formula", I've realized an extreme difference in my mental stability and severely reduced mood swings. Hooray for LifeEz™! It is a true blessing in my life and has actually given me my life back. Can't stress enough how important this product is for helping cope with day-to-day life experiences. No pun intended, but life has truly become a breeze with my daily use of LifeEz™! Thank you Personal Agenda for producing such a wonderful product. I will be ever grateful!

**Bill and Clarice** - Being an M.D. I must admit I was quite skeptical at first. After inviting my own wife to try LifeEz™ instead of the different drugs I was prescribing, life at home has remarkably improved for both her and myself. LifeEz™ has me sold on being the best solution for any person trying to overcome depression, high anxiety, stress, sleeplessness and mental clarity over any drug I've ever prescribed. It is an amazing product that we could not live without. Kudos to the LifeWise™ team at Personal Agenda for a truly beneficial product with no side effects.

**Jean** - I had a bad recurring headache. Just after taking this product, my headache disappeared and gave me new hope for a life of less or no future hurting in my head. This product is heaven sent and is helping me bridge off of drug related issues as well. Can't thank you enough for introducing me to LifeEz™! It is my hope that many of my friends will find the same fabulous results as I have, with an over all feeling of body and mind wholeness that I've never really felt before. Thanks again!

PERSONAL AGENDA DOES NOT DIAGNOSE - SEE YOUR HEALTHCARE PROFESSIONAL



GOLDEN BUSINESS OPPORTUNITY! SHARING LIFE EZ™ WITH FRIENDS AND FAMILY HAS NEVER BEEN EASIER. THEY WILL LOVE YOU FOR IT AND YOU'LL MAKE A GREAT INCOME TOO!



Ask the person that shared this brochure with you about how you may join this outstanding business opportunity, and begin enjoying an income worth a king's ransom with the new LifeEz™ product.

A unique and very beneficial formula like this only comes around once in a great while. Seize the moment and realize your dreams today, through the unequalled LifeEz™ compensation plan.