

The 'Miracle'

Enzyme™

is

Serrapeptase

The 2nd Gift from Silkworms

**Giving the answer to Pain, Chronic
Inflammation, and Clogged Arteries**

The amazing story of an enzyme that is set to become the most widely used health solution because of its ability to replace the majority of anti-inflammatory drugs and bypass operations.

By Robert Redfern

With studies and literature extracts for health professionals.

Now
Featuring the
'Mike Tawse
Story'

Serrapeptase

The 'Miracle' Enzyme™ is Serrapeptase, the 2nd Gift from Silkworms Giving the answer to Pain, Inflammation and Clear Arteries! is not intended as medical advice. It is solely informational and educational about health.

Should the need for one be indicated, please consult a health professional and qualify them by asking "Do you believe that healthy recovery plans will only ultimately succeed with the inclusion of enzymes and nutrition as part of those plans?"

The 'Miracle' Enzyme™ is Serrapeptase, the 2nd Gift from Silkworms Giving the answer to Pain, Inflammation and Clear Arteries

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Foreword

My book is about enzymes, one of the prime ingredients for the basic biology of life and therefore health.

I am Robert Redfern, a Nutrition Researcher, and I have written this book to publicise a substance that may help you to recover from serious diseases and recover your good health. The stars of this book are called enzymes, also known as active proteins. The Super Star Enzyme, which is discussed in detail later, is an called Serrapeptase.

Enzymes are proteins that are the catalyst for life. Without them life (and therefore health) would not exist as we know it. Even Oxygen needs enzymes to be released into the atmosphere. Their importance to health cannot be overestimated and you are going to learn that they are the prime tools in regaining health from the majority of health problems. Without proper and appropriate enzyme activity, there can be no return to health. This is recognised by every medical doctor and is well known to those that use them as the front line in health care.

Enzymes are used in every facet of industry: making beer, cheese, leather processing, sauerkraut, fermented soy products like miso and tempeh, food processing and in many chemical processes. Even in the medical business, enzymes and enzyme activity are used in the analysis and manufacturing process.

Fact: Only enzymes, nutrition and lifestyle provide Health Care

Fact: Drugs only ever provide Diseases Management

The problem comes when enzymes are put forward for therapy and to replace patented drugs. Enzymes as a primary treatment are only ignored because they negate the need for the majority of expensive patented drugs and this is against the interests of the medical/pharmaceutical business (more about this later). The medical/pharmaceutical business controls what treatments doctors are allowed to prescribe, using powerful marketing and sometimes, downright intimidation. This is not a book to 'knock doctors'; they are caught between the devil and the deep blue sea. I personally know of many doctors who prescribe enzymes and nutrients for health recovery, but they only do it quietly to avoid trouble from the medical/pharmaceutical business. The rest may succumb to the expensive marketing and also pressure from patients who are impressed by the press release promising the next 'Wonder Drug'.

In this book we are going to look at a range of plant derived enzymes (although animal derived enzymes may have some lesser benefit). Plant derived enzymes are the type that work best in humans, according to the last 100 years of studies. There are a number of enzymes found in living plants and three basic types are:

- Protease (Proteolytic) – will digest differing types of proteins.
- Amylase (Amilolytic) – will digest starches.
- Lipase (Lipolytic) – will digest Fats

About the Author

Robert's interest in health started when he and his wife Anne decided to take charge of their family's health in the late 80's. Up until 1986, Robert did not take much notice of his health - in spite of Anne's loving persuasion. It took the premature death of his parents, Alfred and Marjorie, who died in their 60's, to shock Robert into evaluating his priorities.

They looked at the whole field of health, available treatments and the causes of health problems. They found, from doctors researching the causes of disease, that lifestyle and diet were the most important contributions to Health.

They researched the benefits of acupuncture and together developed the HealthPoint, the world's foremost electronic acupressure device. This was based upon the electronic waveform research of Dr. Julian Kenyon MD. This has become the Gold Standard Electro-Acupressure device and is now successfully used by tens of thousands of users throughout the world and in many UK hospitals by Physiotherapists.

Robert and Anne changed their lifestyle and diet and, together with the use of HealthPoint, the improvement to their health became remarkable. As well as good health, they feel and look younger and more energetic than all those years ago - before they started their plan. Robert is now nearly 60 and, together with Anne, is still planning to look younger with continuing care.

Enzymes have been a major part of their life for nearly ten years after reading a book by Dr Edward Howell, 'Enzyme Nutrition, The Food Enzyme Concept'

This filled in some of the gaps as to why just taking nutrition did not give the full benefit for everyone.

Over the past 10 years, tens of thousands of people have followed the plans and the majority that stayed with the program have reaped tremendous benefit. This book shows you how to resolve most of the common diseases using enzymes and other lifestyle changes. To the extent that you follow them, you will be amazed how healthy you can become.

Take good care of yourselves.



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Turning a Blind Eye to Your Natural eye Health

Mastering Acupuncture Simply a Safer Way

Newsletters: Serrapeptase - Curcumin - Eyesight Action

Serrapeptase - The New Wonder Enzyme?

This 'rising star' enzyme is relatively new on the scene (only 30 years of studies and use by doctors in Europe and Asia) but Serrapeptase is set to become the biggest star of all time, as you will soon find out.

Serrapeptase – a Protease Type Enzyme that stops inflammation and dissolves non-vital tissue.

As an anti-inflammatory, nothing surpasses the ability of Serrapeptase to safely stop inappropriate (sometimes it is needed) inflammation its tracks. No matter the cause or the location (it even crosses the blood brain barrier), Serrapeptase gets to work stopping the inflammation. If that is not enough, it has the ability to dissolve any dead or non-living tissue that may be gumming up the works, particularly mucus and inflammation associated with pain.

Over the past 30 years studies and practitioners' observations have shown benefits in a huge range of conditions, including: Arthritis, Inflammatory Migraines/Headaches, Chest Problems such as Bronchitis, Asthma, Bronchiectasis, Sinus, Blocked Arteries, Fibrocystic Breast Disease, Breast engorgement and Cancers.

The book is in two sections:

- a. The first part of this guide explains how enzymes, and particularly **Serrapeptase enzymes, work** and gives you the information you need to understand why it will work for your condition.
- b. The second part shows you a clear action plan to clear disease from your body, prevent its return and maintain **Health & Fitness For Life**.

Contents:

Section 1

1. Introduction:	page 11
a. Enzymes, what are they?	page 11
b. What do they do?	page 11
c. Where do they come from?	page 12
d. Have they any scientific studies?	page 12
e. Are they safe?	page 12
f. Why do doctors not prescribe them	page 12
2. Serrapeptase a Powerful Proteolytic Enzyme	page 13
a. Overview	page 13
b. The uses.....	page 13
c. The science and studies.....	page 13
d. The reports from users and practitioners.....	page 13
e. The Mike Tawse Story - From Wheelchair to Wings	page 23
f. Serrapeptase News.....	page 30
3. Serrapeptase, its uses and Action Plans	page 34

Section 2

Section Index	page 107
1. Food, lifestyle and their effect on disease.....	page 108
2. Food, lifestyle in detail for good health	page 109
3. Junk the junk foods.....	page 120
4. The '10 Step Good Health Plan' TM	page 121
5. Action Plan for a dysfunctional digestive system	page 122
6. Sample 'Daily Action Plan' sheet	page 123
7. Food and recipe data sheets.....	page 124
8. Specification of nutrients indicated in this book	page 138
9. Research and references	page 167

Serrapeptase, its uses and the conditions it can help

a. Pain and Inflammation Problems including:	
Post Operative and Traumatic Swelling	page 35/36
Arthritis.....	page 37
Rheumatoid Arthritis	page 38
Ankylosing Spondylitis	page 40
Lupus.....	page 41
Osteoporosis.....	page 42
Back Problems, Lower.....	page 44
Back Problems, Neck.....	page 45
Repetitive Strain (RSI) Carpal Tunnel etc.....	page 46
Post operative Scars and Lesions	page 47
Post Operative Pain	page 47
Fibromyalgia	page 48
Polymyalgia Rheumatica.....	page 49
Prostate Problems.....	page 51
Leg Ulcers	page 53
Breast Engorgement.....	page 54
Fibrocystic Breast Disease.....	page 55
Diabetes	page 56
b. Chest and Lung Diseases including:	
Bronchitis.....	page 58
Pulmonary Tuberculosis	page 59
Asthma.....	page 61
Coughs.....	page 63
Cystic Fibrosis	page 64
Emphysema	page 67
Asbestosis, Miners and Farmers Lung	page 68
Bronchiectasis	page 69
c. Inflammatory Bowel Diseases	
Ulcerative Colitis, Crohn's, Colitis, IBS.....	page 71
d. Migraines and Headaches	
Migraines and Headaches (inflammatory)	page 72
e. Cancer Recovery Plan	
Cancer Recovery Plan	page 73
f. Multiple Sclerosis and other Neurological problems.	
MS.....	page 74
Damaged Nerves	page 77
g. Ear, Nose & Throat (ENT) Problems	
Sinusitis.....	page 79
Hayfever	page 80
Sore Throat, Swollen Glands, Laryngitis.....	page 81
Catarrhal Rhinopharyngitis, Rhinitis	page 82
h. Cardiovascular Diseases	
Arterial Disease, DVT, Blood Clots.....	page 83
Angina.....	page 84
Varicose Veins, Thrombophlebitis.....	page 85
i. Enzymes uses in sport Injury prevention and recovery	page 87
j. Anti-ageing.....	page 89
k. Animal treatment with serrapeptase	page 93
l. Questions from the Help-Line	page 95
m. Serrapeptase - the science	page 101

1. Introduction:

a. Enzymes, what are they?

“Without Sufficient Enzymes (and Co-Enzymes) There Can Be No Life and Health”

Robert Redfern

Enzymes are catalysts and are made out of amino acids by RNA (RiboNucleic Acid) which is made by DNA (DeoxyriboNucleic Acid). Some people call them ‘active proteins’. This activity means they make things happen. (Imagine a factory with lots of equipment and raw materials, nothing much happens without workers to make it all happen. These are the same as enzymes, look after them and they will do a great job. Enzymes need a specific temperature and PH (measure of acidity/alkalinity) to perform their work. Enzymes from plants work best at the human body’s temperature and PH. They are essential in every function of growth, repair and therefore health of every living cell in your body.

Thousands of enzymes are working every second to build and regenerate our body. They are constantly being converted or produced in our body and depend upon good living nutrition to keep ahead of daily damage and degeneration. They do need help in this job and this essential help comes from Co-Enzymes. These are critical vitamins and minerals such as Vitamin B12. Even a small deficiency in B12 results in disease. This becomes such a problem with elderly people on poor diets that they at times need injections.

Another Co-Enzyme, Zinc is needed by about 80 enzyme activities, not to mention the famous Co-Enzyme Q10. Without enzymes and co-enzymes there would be no living thing, as we know it. Grass, Trees, Insects, Germs, Animals and Humans all depend on enzymes to sustain growth and health. In a nutshell:

b. What do they do?

“Digest Build/Repair Clean-up”

There are 3 types of enzymes:

1. **Food/Digestive enzymes** – These take the basic building blocks delivered by food we eat and convert it to colloidal particles (the smallest particles that exist in a free state) that can be converted into healthy living tissue.
2. **Metabolic enzymes** - Metabolic enzymes use these colloids to keep all of our organs and tissues functioning with hundreds of diverse chemical activities, repairing body organs and fighting disease. Our body’s ability to stay healthy, to repair tissue when injured, to protect us from disease, is directly related to the quality and number of enzymes, coenzymes and nutritious food.
3. **Clean-Up Enzymes** – these third types are not really a separate group, but are the enzymes for last job on the line, clearing up. They are responsible for cleaning up and eliminating the mess that is left in our body from the construction and repair work that is in operation 24/7. These clean-up enzymes clear our bodies of the undigested carbohydrates, proteins and any non-vital tissue floating around. Another vital job is to provide anti-inflammatory enzymes to fight infections and tissue damage.

These Enzymes act to do specific jobs such as:

1. Digesting food.
2. Breaking down toxins.
3. Cleansing the blood.
4. Supporting the immune system.
5. Converting protein into muscle.
6. Contracting muscles.
7. Eliminating carbon dioxide from the lungs.
8. Supporting the pancreas and other vital organs.

Enzymes are the workers in your body - they carry out every chemical reaction. To have a healthy body you need both workers (enzymes) and building materials. The building materials are proteins (amino acids), minerals, and vitamins. All of these are necessary to build a healthy body. Trying to function without all the necessary enzymes is the reason for most body malfunctions.

There are seven categories of food enzymes:

- (1) Lipase to break down fat
- (2) Protease to break down protein
- (3) Cellulase to break down fibres
- (4) Amylase to break down starch;
- (5) Lactase to break down dairy foods;
- (6) Sucrase to break down sugars; and
- (7) Maltase to break down grains.

There are two ways to preserve and replenish our enzyme level:

- Eating living foods & food supplements
- Taking enzyme supplements.

c. Where do they come from?

On a daily basis they are ingested in unprocessed, raw or lightly cooked food (called Exogenous or Food Enzymes) and they are also produced or converted by other enzymes inside the body (endogenous, meaning inside-created). Some have a long life (weeks) and some have a short life (minutes). This explains the obvious need for a daily intake of enzymes that are alive (meaning not microwaved, cooked or processed until enzyme death, as in pasteurised milk) and foods such as vegetables, fruits, raw or lightly cooked fish, meats and sprouted seeds and beans. Studies show that a 70 year old has only 20% of the enzymes found in the body of a 20 year old. This is a major part of the cause of age related diseases and is easy to correct with better food and supplementation.

d. Have they any scientific studies?

Probably more than any other facet of life and health over the past 100 years. In 1930 only 80 enzymes were known. By 2000 3,000 enzymes had been researched and discovered. There are literally thousands of studies on enzymes' contribution to life and health. Rheumatoid Arthritis, Cancer, Lung diseases all have studies showing enzyme therapy to be the most successful prime treatment. See the appendix for lists of studies.

e. Are they safe?

In studies equivalent to a human taking thousand of tablets, no side effects were shown. Only Haemophilia patients would need to take them under supervision.

f. Why do doctors not prescribe them?

Many do. There are many doctors who have changed completely and now practise health care (Lifestyle and Nutrition) as opposed to disease management (drugs and surgery). They are unfortunately a tiny minority and the majority of doctors will only practise 'healthcare' when the system is taken out from the control of the medical/pharmaceutical business that only can see profit in diseases management.

2. Serrapeptase - a Powerful Proteolytic Enzyme

a. Overview

The 2nd Gift from Silkworms – Serrapeptase.

Serrapeptase has had wide clinical use, spanning over thirty years throughout Europe and Asia, as a viable alternative to aspirin (salicylates), Ibuprofen and the more potent NSAIDs. Unlike these drugs, Serrapeptase is a naturally occurring protease enzyme agent with no inhibitory effects on prostaglandins and is devoid of gastrointestinal side effects.

What type of enzyme is it?

Serrapeptase is a proteolytic enzyme (protease) isolated from the microorganism, *Serratia E15*. Studies reveal that Serrapeptase has a specific, anti-inflammatory effect, superior to that of other proteolytic enzymes. This immunologically active enzyme is completely bound to the alpha 2 macroglobulin in biological fluids. Histologic studies reveal powerful anti-inflammatory effects of this naturally occurring enzyme.

This enzyme is produced commercially today through fermentation, but was originally found in the silkworm intestine. The Silkworm uses it for instantly dissolving the hard cocoon to allow the moth to escape and fly away. It also uses it to help digest the tough mulberry leaves that it feeds on. This truly is the 2nd gift from the Silkworm.

b. The Uses

Serrapeptase dissolves non-living tissue, blood clots, cysts, and arterial plaque and inflammation in all forms. The uses are wide ranging and cover just about every condition that is affected by inflammation and or non-living tissue. Every few months or so another story is related by a doctor/practitioner/user of another condition it has helped.

c. The Science and the Studies

This can be quite tedious for the average reader, who just really wants to know what it can do for their health problem. We have relegated this section to the appendix, see page 85.

d. The Reports from Users and Practitioners

Dennis Gore, Pharmacist and Broadcaster.

Dennis is a regular broadcaster on BBC GMR, Radio Merseyside and Radio Lancashire. He has a very busy pharmacy practice in Prestwich and is in great demand throughout the UK and Ireland as a speaker on health issues.

When did you first come across the Serrapeptase?

"I basically met Serrapeptase in about March 2002 as a result of the publicity surrounding the good results people were getting and the fact that it was available on prescription from Doctors in Germany and other European countries.

I researched it and found out that it was an enzyme made by a bacterium and was originally found in the Silkworm.

The Silkworm uses the enzymes to help digest the tough Mulberry leaves it lives on and spectacularly it uses it to instantly dissolve a large hole in the super hard wall of the cocoon it lives in. The silkworm moth then emerges quickly and escapes before predators can devour it. I found out that scientists in about 1970 started to culture this enzyme in the laboratory by feeding it a protein. The results were a dry white, tasteless powder that contains the Serrapeptase Enzymes. They then did some exploration research by giving it to animals and eventually humans. They found it was perfectly safe, with no side effects and so they set up properly conducted double blind studies. These showed that as well as getting rid of chronic inflammation they would also dissolve non-vital protein material. I read about Dr Hans Napier's results with cleared blocked arteries and preventing the need for by-pass operations. I read studies from around the world where mucus and catarrh could be cleared very easily, swelling and trauma recovery and even non-cancerous breast cysts. In fact after mentioning this on my radio program, a lady telephoned

"Serrapeptase may become the most widely used nutritional supplement of all time because of its effectiveness with such a wide range of conditions"

Robert Redfern

me from Southport and reported that after using this for breast cysts, her doctors had given her the all clear.

The first dramatic effect that I experienced was with a man in his 60's who had been a heavy smoker for many years. His wife wheeled him from a special van and into my pharmacy. He was very breathless in his voice and was difficult to understand because he has emphysema and chronic obstructive pulmonary disease (COPD). These are considered to be irreversible damage to the linings of the lungs usually caused by smoking or toxic environments. Whereas asthma may be considered reversible, COPD is an irreversible disease. Normally with this, the only thing we can do is to relieve or help, with say an oxygen tank or sprays to open the airways, or steroid sprays that help to stop inflammation. This man said he had heard me on the BBC Radio Program talking about the studies saying that it had helped to maintain the airways of people with breathing problems by helping to breakdown the damaged tissue that had built up over their lifetime, whether due to smoking or things like working with chemicals. He told me he was on sprays, on oxygen and on antibiotics every two weeks as he was always getting bad infections and breathlessly he told me he wanted to try Serrapeptase. To begin with, he took two 20,000IU tablets on an empty stomach, four times per day. Later he reduced to four per day of the 40,000IU capsules and finally, as maintenance, he reduced to a couple per day.

“He started to feel so much better and he was no longer on antibiotics, no longer on oxygen cylinders and he was no longer using his spray”

Emphysema sufferer

Three weeks later the door opened and this man, who I had only met once sat in a wheelchair (just one of daily faces in my practice), walked in and said in a completely clear voice, with no breathlessness, ‘do you remember me, I was in three weeks ago with my wife’. I had to apologise that I see so many people and could he remind me. He then reminded me that he was the person with emphysema and this 6’ tall person who had been in a wheelchair previously, had marched out of his van, no wife with him, no wheelchair with him and spoke to me in a clear voice. He told me that in the early days so much rubbish was coming up that he thought his lungs might be disintegrating, but he soon realised that it was a big clearout underway. He started to feel so much better and he was no longer on Antibiotics, no longer on oxygen cylinders and he was no longer using his sprays. He was still smoking and he had booked a holiday to go to Benidorm, in Spain in March 2002. He is still a regular visitor to the shop to get supplies; he brings other people along, he buttonholes other people in the shop and praises Serrapeptase if he hears them ask about it. He is still so thrilled after 2 years of feeling good.

This story related on the radio has given many people encouragement, who have gone onto the programme themselves and been given a much better quality of life than they thought possible. Many of these who are smokers, and at that point have only a chesty cough, do not realise how it can easily develop into COPD and by taking the Serrapeptase are keeping it at bay.

All smokers should realise that no matter how pleasurable addictive smoking is, there are many chemicals and toxins in the smoke. Their quality of life, and possibly their life, is in the balance (40% of all deaths are from lung diseases).

Support from your pharmacist with nicotine patches and Serrapeptase may change those outcomes.

I mentioned before the world famous heart surgeon, Dr Hans Napier, from Germany who died in 1998. He presented to a press conference in Germany the results of his work treating people who had blocked arteries, using the enzyme Serrapeptase. He reported that he was able to cancel the operations for double, triple and even quadruple bypasses. He presented two former gymnasts who in their 70's were scheduled for by-pass operations, suffering from cardiovascular disease, as they could ‘hardly walk across the room’. He reported that he was able

to cancel, because their arteries were now clear. To make the point, the gymnasts proceeded to do cartwheels across the floor in front of the journalist.

When I related this information on the radio, many people started to take it for that. Three gentlemen, all scheduled for by-pass operations within a few months, contacted me to tell me their stories; one 69 year old Morecambe man, one 74 year old Chadderton man, and the other Rochdale man was also in his seventies. All three have been reporting back to me over the past 2 years and all three have had their by-pass operations cancelled by their specialists, who could find no symptom that would warrant an operation. Just taking 2-3 doses per day of the Serrapeptase appeared to have cleared their arteries and reduced their Angina manifestations and left them very delighted gentlemen.

The Gentleman from Chadderton has now had his 2nd appointment with his Specialist and again been given the all clear. That makes it two years in total. He is delighted to be able to travel and told me recently he was on his regular trip 200 miles south to play flat green bowling, which is not available here in the north. He is now delighted to be able to drive south with his wife and bowl for 10 hours.

One of the many wonderful benefits is to people with phlegm, catarrh and mucus problems. I have been selling for about 40 years as a pharmacist a whole range of well-known products and sprays for relieving sinus and other congestion. They do work, but when the person stops they can get what we call a rebound effect that means it can come back again with a vengeance. With the Serrapeptase, it is working in a different way and making the mucus material both in the sinuses and the back of the throat, with the lungs and especially with asthma, much thinner, which allows the body to dissolve it out quickly. It also stops the inflammation that is often the cause of the mucus and so it stops it recurring, giving a wonderful improvement to their lives and from such a natural product.

It really has been a wonderful experience for me as a pharmacist to be able to offer a working alternative when the traditional pharmaceutical route is not giving adequate relief and especially when that alternate is proven in studies and already accepted by the medical establishment in many western countries.

I can only see the use of this expanding as new uses arise nearly every month or so".

Dennis Gore Aug 2004

"Just taking 2-3 doses per day of the Serrapeptase appeared to have cleared their arteries and reduced their Angina manifestations and left them very delighted gentlemen"

Dennis Gore

The following reports on professional uses were researched, interviewed and written by writer Jenny Pulling

Dr Simon Norton - Epsom Chiropractic Clinic

Dr Simon Norton who heads the Epsom Chiropractic Clinic is delighted with results. "It has greatly improved the quality of many of my patients' lives".

Varicose Veins

I've prescribed Serrapeptase for those with varicose veins on their legs that looked like a bunch of grapes. After a few months they've returned with scarcely any sign of disfigurement.

Headaches

"I had another patient with an obstinate frontal headache due to mucus in the sinuses. He had suffered with it for years. After three days on Serrapeptase he called me to say that the pain was disappearing and he could feel the dispersed mucus running down his throat.

"Practitioners are discovering the myriad uses of Serrapeptase"

Jenny Pulling

“It has greatly improved the quality of many of my patients’ lives. I’ve prescribed Serrazyme for those with varicose veins on their legs which looked like a bunch of grapes. After a few months they’ve returned with scarcely any sign of disfigurement”

Dr Simon Norton

“After taking Serrapeptase for three months her latest mammogram revealed the cystic lumps had reduced from nine to one.”

Nurse Linda Tranter

Lungs

“It has helped smokers too. When they cough up a lot of stuff it is likely to persuade them of the damage they are doing to their health if they continue to smoke.”

Nephritis

Dr Norton cites the case of another patient who was suffering from chronic nephritis, necessitating high dose steroids. “She was told she would die if she didn’t take them and had given up all hope of having children,” he said. “She came to me because she wanted to reduce the strength of the steroids, Serrapeptase is a powerful anti-inflammatory without side effects. As a result of taking it, her steroid dosage is reduced from 30 m to 5 m and she is planning a family.”

Adhesions

The saying ‘physician heal thyself’ couldn’t be truer in Dr Norton’s case. He has used the enzyme for himself and members of his family with excellent results. “My son had to undergo major surgery for leg lengthening that resulted in painful adhesions. I used chiropractic techniques to work on his legs for eight years, but the condition remained. Then we tried Serrapeptase. I was amazed when, after a few months, these adhesions vanished.”

Tennis Elbow

Chiropractic is a physically demanding profession; practitioners often develop ‘tennis elbow’. It is a very painful condition, as Dr. Norton knows but, again, Serrapeptase came to the rescue. Rheumatoid arthritis also responds to this therapy, keeping pain under control. Dr Norton is also surprised by the speed with which the enzyme appears to work. “Chelation therapy time has been reduced from three years to one, and I’ve had patients who were huffing and puffing, playing bowls in a remarkably short time.”

The clinic’s approach is a holistic one. It aims to encourage people to build their health by making life style changes and using appropriate supplements. The silkworm’s secret has yielded a very useful one.

Nurse Tranter Practice

Since Nurse Linda Tranter opened her own Natural Health Practice in Gateshead she has never looked back. Helping people back to health is what she always felt was her calling. At a recent conference a colleague recommended an enzyme that has been getting much publicity recently, called Serrapeptase. This enzyme was found being used by the Silkworm to dissolve its way out of the rock hard cocoon in seconds. Research Scientists took this enzyme and after growing it in vegetable matter, have found it to be the perfect anti-inflammatory and to get rid of dead tissue in the body. The colleague who recommended it had great success and, although Linda was initially sceptical, she has now tried it both on herself and on a great number of patients. She and they find the results are quite astounding.

“It is so good. Everyone should be taking Serrapeptase,” says Linda. “I prescribe it for a number of health problems and the results I see speak for themselves. One woman had suffered all her life from lumpy breasts. After taking Serrapeptase for three months her latest mammogram revealed the cystic lumps had reduced from nine to one.”

Linda, a qualified hospital nurse, wishes consultants would be less non-committal. “Its not all in the mind,” agreed a young woman solicitor who stopped practising because of chronic fatigue syndrome.

“I feel a different woman”, she told Linda, after 10 weeks on the enzyme. “I’m taking

“Clients with IBS suddenly realize they haven’t grumbled for weeks”

Nurse Linda Tranter

it on honeymoon with me,” another client who suffered from candida announced. “I can’t live without it now.”

An advocate of a clean healthy colon, Linda believes many of our ills are due to clogging our systems with sticky carbohydrates. Serrapeptase acts as a detoxing agent and reduces pain. “Clients with IBS suddenly realize they haven’t grumbled for weeks,” Linda confirms. “It’s uphill work convincing people”, says the bubbly therapist. She regrets clients are developing health problems at a younger age, often due to diet. “People find talk about enzymes difficult to accept. They’re used to the instant fix of antibiotics. I tell them they’ll need two tubs of SerraZyme before they see results.” And Linda has great news for men who are concerned with developing prostate trouble. “I had one client who was distressed because it took him ages to pass the smallest amount of urine” she said. “I suggested he took Serrapeptase and he agreed to give the enzyme a try. He called me recently, delighted with the results. ‘I’ve only taken two tubs and... well... its working!’”

Varicose veins, parasites; the one-time sceptic is enthusiastic about the healing properties of the silkworm’s secret. “I am monitoring its effects and writing my own paper,” she said. “Personally, I’ve taken Serrapeptase for five months and I feel fantastic.”

David Snow - Acupuncturist

“Of course we’ve known it for years,” says practitioner David Snow. “Good nutrition and a healthy life style are the foundations of health. ‘Detox’ may have become a buzzword, but it has been part of naturopath philosophy for a long, long time”.

“I am an acupuncturist and not formally trained in nutrition, but I can and do make suggestions of supplements, dietary and lifestyle changes where they seem appropriate. I’m always interested to hear of therapies and supplements my clients have used to good effect”.

Yoga teacher does headstands again - thanks to Serrapeptase. “Serrapeptase came to my notice recently while I was treating a 68 year old yoga teacher. She is a very active woman, but suffers from neck and back pain that adversely affects her life”. David uses Acupuncture or Electronic Acupressure (HealthPoint) to keep everything moving. He was interested, however, when she told him she took Serrapeptase finding it a powerful anti-inflammatory that really helped control the pain. “The pain returns the moment I stop using it” she told me.”

Breast Cysts

I was also interested to hear that both the cyst in her breast, which she has had drained, and a cyst in her eye, have not returned.

Heart Disease

I’m interested to hear that Germany is taking Serrapeptase very seriously as a supplement in the treatment of heart and regenerative disease.”

David is based in Sheffield and works holistically, even where the surroundings of his clients are concerned. A trained Feng Shui practitioner and a dowser, he will visit people in their homes if a condition is obstinate in clearing up.” “My advice generally is to look into your life style and diet and see how specific supplements like Serrapeptase may help.”

Janet Spence - Naturopath, Solihull Clinic

Naturopath, Janet Spence is yet another practitioner whose satisfaction with Serrapeptase has prompted her to take it herself. This is a wide spectrum nutrient,”

“I’m interested to hear that Germany is taking Serrapeptase very seriously as a supplement in the treatment of heart and regenerative disease.”

Practitioner David Snow

“I put her onto Serrapeptase and other anti coagulants. Her GP is happy for us to be doing this as there is no other drug he can use.”

**Janet Spence -
Naturopath**

she says. “Rather like vitamin C therapy or aspirin, it is multi functional.” Her treatment method usually begins with a cleansing and detox-programme. To this she will add amino acids and liver support. She then prescribes supplements and nutrients indicated for particular health problems.

“I use Serrapeptase for pain control as it is a powerful anti-inflammatory, thus reducing or even eliminating the use of steroids. Currently I am monitoring its use in controlling high levels of the ‘wrong’ kind of cholesterol. As a nutrient it seems well accepted, none of my patients appears to have suffered any side effects even when on very high doses.”

Ms. Spence is enthusiastic about the role of Serrapeptase in treating venous conditions. The problem of blood clots after air travel has been in the news over past months. “I’m prescribing Serrapeptase to patients who are planning a long-haul flight. They take it two months before departure and another two months on their return. Some of my elderly patients like to stay on a low dose all the time, rather like those who take a continual low aspirin dose.”

The anti coagulant drug Warfarin is not well supported by some people. That presents a dilemma, as they may be suffering from high blood pressure and run the risk of thrombosis. Ms. Spence is pleased with the progress of one such patient. “Warfarin was killing her when she came to consult me. I put her onto Serrapeptase and other anti coagulants. Her GP is happy for us to be doing this, as there is no other drug he can use. I find this very encouraging and am now monitoring its use in the treatment of varicose veins.”

**Anthony Edwards, Doctor Of Acupuncture and Chelation/ozone Specialist,
Newport Clinic of Alternative Medicine, Shropshire.**

I have been getting good overall results with Serrapeptase on my patients and even myself, but one patient has exceeded expectations. He had suffered severe agonising gout for the past 9 years and just about tried everything. Within 3 weeks of taking Serrapeptase it has completely gone and created a very happy patient.

SERRAPEPTASE USERS' CASE STUDIES

The Following users of Serrapeptase are very happy to share their success with others. Interviewed by Jenny Pulling.

"I now feel brilliant. Everything has improved. Since last June I have had no relapses. The tightness in my spine that indicates the presence of MS has gone, as have the constant pins and needles in my fingers. My balance has improved and, what is perhaps best of all, the old confident pre-MS me has returned."

Maureen Rooney

MS Multiple Sclerosis - Maureen Rooney

Not so long ago Mrs Maureen Rooney threaded a needle and sewed on a button. So what? I hear you say. In fact, this was a huge achievement in her 16-year battle against MS. It has involved years of dedication to a health regime. Every week Mrs Rooney undergoes hyperbaric oxygen treatment and uses a Chi machine daily. But it was her discovery of Serrapeptase that has made a dramatic difference to her life.

Says Mrs Rooney: "My MS follows a pattern of relapses and remissions. During the relapses I suffered double vision, stiffness, numbness loss of balance, loss of bladder control, impaired use of my arms and legs, fatigue poor concentration, loss of memory and depression. During one of the relapses, in June 2003, when I had a relapse I started to take Serrapeptase.

At that time I was concerned about one of my little fingers. It had turned white and was curling backward I was terrified believing it was on its way out. When you have a terrible disease like this you will try anything. I started taking Serrapeptase a taking 9 tablets a day. It has been a Godsend. Within 5 days my finger was back to normal

I now feel brilliant. Everything has improved. Since last June I have had no relapses, the tightness in my spine that indicates the presence of MS that has gone, as have the constant pins and needles in my fingers. My balance has improved and what is perhaps best of all, the old confident pre-MS me has returned.

Of course I get tired, but this is because I stretch myself relying on my newfound energy. I know I am not cured, but the condition is hardly noticeable, so much so that I consider I have not got MS at present. I no longer need the hyperbaric treatments and have given up my slot in favour of someone who needs it. Recently, I went out for a social evening and where normally I would have to leave within 30-60mins, this time my son had to drag me away hours later as I was enjoying myself so much.

My faith is the backbone of my recovery and I thank god for the little silkworm.

Arthritis and Cholesterol - Mrs Eileen Malone IM2 3HA

Walking was agony for Mrs Malone. The severe arthritis in her knee was so severe and none of the many prescribed medicines she tried had any lasting benefit. By chance she tuned into Dennis the Chemist on her local radio station and heard the name Serrapeptase for the first time. 'Worth a try' she told herself.

"I'm so glad I heard that programme. I bought myself a tub and after two weeks the pain lessened. Then I ran out of it and the pain returned. I've been on it ever since. I take 2 in the morning and two in the evening and it has definitely helped me.

Recently I went for blood tests because I am anaemic and it appears that both my blood count and cholesterol levels have improved, so maybe Serrapeptase has given me other benefits. I tell everyone about it and I just know I'll go on taking it forever.

Cysts and Cardiovascular Disease - Mr and Mrs Jones, North Wales

The couple are spiritual healers and have helped many people with health problems in the course of their work. One of their clients is over 80 years old who suffered a stroke some time ago. The Joneses suggested she try Serrapeptase as an aid to clearing the arteries and sure enough her walking ability improved

Mrs Jones adds: "We were amazed by its power in dispersing two cysts, one on her back and one on her breast After only three bottles of Serrapeptase the one on her

"I'm so glad I heard that programme. I bought myself a tub and after two weeks the pain lessened."

Eileen Malone

back has completely disappeared, while the one on her breast is shrinking. She says she feels wonderful!"

The Joneses have had their own positive experience with the silkworm's secret. About three years ago, Mr Jones had a bad fall. Conscious of his recent hip replacement, he took the full impact on his left shoulder, which left him in terrible pain.

Mrs Jones takes up the story: "We were going on a coach holiday to Slovenia when this pain really flared up. The doctor prescribed an anti inflammatory, but the side effects were disastrous and my husband stopped taking them."

Returning to another doctor for a cortisone injection, Mr Jones was told that the problem was not in his shoulder but his arm. At that point, the couple read about Serrapeptase.

"I said to my husband, I'm going to send off for those; I'd rather have £60 less holiday money if you can be pain free. He started taking them 3 weeks before our holiday and the happy ending is that the pain went away and never came back. Now he can swing his arms above his head!"

Having proved for themselves the efficacy of Serrapeptase, Mr and Mrs Jones often suggest it to their clients. And Mrs Jones is an advocate of the low carbohydrate diet prescribed by Robert Redfern.

"It's brought my diabetic sugar levels back to normal," she smiles. "It's amazing!"

*"We were amazed
by its power in
dispersing two cysts,
one on her back and
one on her breast"*

Mr and Mrs Jones

Chronic Cough - S.T. Doncaster

Mrs T's persistent cough and colds made her life a misery. She just couldn't shake them off. Preferring 'natural' medicines wherever possible, she favours homeopathy and bio salts.

"Orthodox drugs often have unwanted side effects," she says. "That's why I was interested when someone told me about Serrapeptase. To be honest I am delighted with it. If I have a cold or a chesty cough I find it's completely gone in a couple of days."

"I was interested to learn about its action in dissolving scar tissue and recommended it to a friend who had been suffering with the dreadful pain of sciatica for a long time. It also helped another friend with severe cystitis. It is amazing that such a simple remedy should be so effective."

*"It also helped
another friend with
severe cystitis. It is
amazing that such a
simple remedy should
be so effective"*

S. T. Doncaster

Wegener's Granulomatosis - S. Varah, Sheffield

I suffer from a condition called Wegener's Granulomatosis. Wegener's Granulomatosis is a rare form of vasculitis, or inflammation of the blood vessels, that begins in the respiratory system. In this case, the antibodies actually attack the immune systems own white blood cells causing inflammation of the blood vessels and inflamed tumour-like masses called granulomas that interfere with blood flow.

My problem is a build up of tissue in my throat just below my vocal chords that threatens to choke me. This is especially in the winter when I get a mucus build-up that further threatens to choke me when I try to cough it up.

“...I got the results of an MRI scan that showed the scar tissue had not returned and I am absolutely thrilled”

S. Varah

Up until now I have had to attend hospital to have this build-up cut away with a laser every 2-6 months. A year ago I had an operation and immediately afterwards I found Serrapeptase. Although suffering from poor health at that time the Serrapeptase seems to have reduced the scar tissue and avoided the need for another operation or tracheostomy.

In the past while suffering even from a simple cold I was close to death from choking from mucus plugs. By keeping the scar tissue down and reducing the mucus I feel Serrapeptase has literally saved my life.

On Monday the 19th of July I got the results of an MRI scan that showed the scar tissue had not returned and I am absolutely thrilled.

Cardiovascular Disease, Prestwich, Manchester

I'm 70 and was scheduled for by-pass surgery. After using Serrapeptase my surgery was cancelled and my doctor told me I had brand new baby arteries.

Asthma Breathing - Mrs Donnelly

When I called, Mr Donnelly answered the telephone and told me he would have to fetch his wife from the garden where she was watering her plants. I was surprised, as I'd been told that she suffers badly from shortness of breath and asthma.

“Serrapeptase has made me feel 200% better,” she declares. “My local health shop told me about them. They didn't make big claims - just said they might be helpful. And they are. I started taking them straightaway and everybody saw the difference in me. It is amazing. My husband and I love dancing and now I can enjoy it again. You should see me on the dance floor doing ballroom and modern. I recommend Serrapeptase to lots of people, these days.”

“Serrapeptase has made me feel 200% better... My husband and I love dancing and now I can enjoy it again”

Mrs Donnelly

Back and Knee Pain - Ralph Owen

Severe pain in his back and knees was affecting Mr Owen's life badly. He walked sideways 'like a crab' as he puts it. That was until he heard about Serrapeptase on the Dennis the Chemist Radio programme.

“I made up my mind I'd give it a try,” he says. “I'd just like to say that it has worked wonders for both my back and knees. I have very little pain these days. I also recommended it to one of my sisters and it has cleared up her chest problems.”

Author's Testimonials - Robert Redfern

Practically everyone in my family and extended family is taking Serrapeptase including me. On two occasions I have had a sore throat first thing in the morning. I have chewed a Serrapeptase tablet and within 30 minutes the sore throat has completely cleared.

Anne Redfern – My wife was at her wits end with very painful varicose veins. She even considered surgery much against her own better judgement. Serrapeptase has left her pain free and the veins have shrunk to a point where she is no longer bothered with them. She does however have to keep taking a couple to prevent any return.

Lucy Redfern – My daughter Lucy suffers IBS occasionally; now with Serrapeptase she can stop the attack within 24 hours. She suffered mastitis (breast engorgement) twice while breast feeding her daughter. Within one hour of taking two tablets she was completely clear and able to carry on feeding. She was completely clear within two hours on two separate occasions.

Sara McLaughlin – My sister-in-law has suffered untold misery with Polycystic Ovaries (PCOs) and aching joints for many years. She had just about tried everything and felt as bad as a woman can with this problem. The cysts, as well as the pains, are kept away as long as she takes Serrapeptase.

Jasmine McLaughlin – Niece and budding athlete uses the Serrapeptase after events or training whenever she gets any muscle pulls or aches. Her brother Zak suffers from mucus and sore throats that are both immediately dealt with by a Serrapeptase tablet.

Nora McLaughlin – My mother-in-law, 79 years of age and looking after her wheelchair bound husband has more than her fair share of backaches and other pains. As long as she is taking Serrapeptase she is very comfortable but if she runs out she is on the phone like a shot for more supplies. Still smoking (she says to relieve the stress) she also has more than her fair share of chest problems in the winter, that is until Serrapeptase came along to keep her mostly clear. Her life is unlikely to change but Serrapeptase makes it much more comfortable.

The Mike Tawse Story - See next page

*“I was so impressed
I renamed my book
'The Miracle Enzyme'
is Serrapeptase”*

Robert Redfern

In early 2006 I was to change my whole understanding as to what could be helped with serrapeptase. Up until meeting Mike Tawse, I had always said there were limitations as to what could be helped with serrapeptase. Mike Tawse, born with cerebral palsy, was to change all of that. In December 2005, Mike, who was then 36 years of age, was sat in his apartment, with very little quality of life and unbeknown to him, his friends were planning his funeral. Mike was on a multitude of medications from his doctors and was slowly slipping away. Luckily, he and his friends came across SerraEnzyme. Within weeks (days??) he started to recover and within months his doctors took him off all of his drugs. Now, at 40 Years of age, his life continues to get better. I was so impressed, I renamed my book 'The Miracle Enzyme is Serrapeptase'.

From Wheelchair To Wings

'Ripples on water, the texture and detail of the natural world, the myriad shapes of leaves and plants: because of my poor eyesight I never expected to see these beauties. They were hidden to me, or limited to my imagination based on friends' descriptions. Now everything has changed and I am seeing the world with fresh eyes.'

This poetic description of Mike Tawse's regained sight marked a significant chapter and perhaps the most astonishing in his Serrapeptase Adventure. He describes a visit to the Lake District as a day 'full of visual surprises'

'The idea of texture being visible, as well as tactile, has never made much sense to me before. Not only was I seeing the beauty of England but everyday objects, which I used to know only by touch, in completely new ways. It was the first time I have been able to use my fresh new eyesight for pure pleasure.'

Mike's Serrapeptase Adventure has now entered its fourth year, relating his incredible journey, one that has taken him from a purgatory of illness to the joy of health. "I feel like two different people," he says. "I can now talk about that person who was ill from the point of view of the person who is positively not ill."

This is an inspiring story of one man's determination to beat the odds and of those who helped him achieve what once seemed impossible goals. Mike Tawse's victory over his life-limiting health condition even persuaded Robert Redfern to rename his book *The 'Miracle Enzyme is Serrapeptase'*.

Robert at Naturally Healthy Publications is responsible for the Serrapeptase formulations marketed by Good Health Naturally. In the 2006 summer edition of Serrapeptase News he wrote:

"I have renamed my book 'The Miracle Enzyme is Serrapeptase.' I did not do this lightly, as I think the word 'miracle' is generally misused and too easily thrown around, especially in the nutritional field.

'If you have read my book and followed my newsletters, you may realise why I am so enthusiastic about this enzyme. I was finally convinced not only to change the name of the book, but also to create a web site, www.themiracleenzyme.com to go with it, when the story of the then 36-year-old Mike Tawse first surfaced.

'Mike, a cerebral palsy sufferer since birth, revealed that life was so bad at the end of 2005 he felt he could not endure another year on a multitude of prescription drugs that hardly made a difference. I thought I had heard it all, but his story impressed me so much I knew that Serrapeptase was deserving of the name, 'The Miracle Enzyme.'"

Mike's adventure story begins in December 2005. The scene is a small ground floor flat near Manchester University. The 36 year old sits in his wheelchair - as he has for the previous ten years - and wonders if he will have (or wants) another year of life. He has had several transient ischaemic attacks (mini strokes), asthma, sinus tachycardia and various digestive problems so severe that surgery had even been considered, despite the potential risks.

He is now hardly able to speak, the fluid from his lungs nearly choking him, his heart and lungs failing. His concerned friends are so anxious they have discussed what arrangements he wants for his funeral.

"...everything has changed and I am seeing the world with fresh eyes"

Mike Tawse



Even at this low peak, Mike refuses to go along with this. He is not one to settle for bad news. "Friends used to shout at me because I wouldn't make a will? Did I know something they didn't? I'm not sure. Perhaps I was just bloody minded or scared."

Mike was born with Cerebral Palsy (CP) and although he had battled to live a normal life, went to school, went to college; the problems that accompany this condition had overtaken his will. The medical professionals had gradually increased his medication in a last-ditch attempt to keep him alive and all were failing. It appeared that he would have only a few years before his body gave way under the strain.

"Friends used to shout at me because I wouldn't make a will. Did I know something they didn't? I'm not sure. Perhaps I was just bloody-minded or scared"

Mike Tawse

The turning point came on January 3, 2006, when Mike was persuaded by one of his friends to start taking two Serrapeptase tablets twice a day. This friend met a local pharmacist, Dennis Gore ('Dennis the Chemist'), who described the dramatic results his clients were getting with an amazing product called Serrapeptase from Good Health Naturally (GHN). He told how an enzyme called serrapeptase was achieving a reputation for its power as an anti-inflammatory, pain reliever and for clearing inflamed tissue in the body. What really impressed Mike's friend was the passionate way 'Dennis the Chemist' spoke of Serrapeptase, pointing out there were no side effects.

Moved by the pain Mike was suffering, his friend suggested he give it a try. They had no proof, but after much research decided there was nothing to lose. What happened next shook Mike. In just a few days the pain diminished, his breathing became easier and his lung capacity measurably improved by 300%.

He started a blog, which was to become an ongoing message of inspiration. As he says: "The reason for putting my story out there was not so much for myself, but it was worth it if just one person read it and was persuaded to try this route."

24 Feb 2006 Mike wrote:

'For the last seven days, my lung function has been great. It has been no lower than 500 litres per minute, and usually around 530 litres. It seems to me that it may well be settling. My heart rate remains normal, and even the condition of my skin seems improved.

'I have now completely stopped all my prescription medication and continue to feel stronger, eating and sleeping better.'

Mike was now daring to believe something special was happening. He decided to contact Good Health Naturally and spoke initially to Health Coach, David Meyer, who gave him an overview as to why Serrapeptase could have helped such a difficult condition. When Robert heard of this success, he could hardly believe his ears. Yes, he had heard so many stories, from cases of asbestosis to Multiple Sclerosis, asthma, internal scar tissue, blocked arteries and many more. What was so different about this situation was that although Mike had these problems since birth, and sunk so low, taking a formidable cocktail of drugs, his response had been so swift.

March 19, 2006 Mike takes up his story:

"After the dramatic developments in my improving health during the first few weeks of 'MY SERRAPEPTASE ADVENTURE', things appear to have settled down a little. Although the drama was exciting, I am enjoying being able to assume that I will feel well and healthy rather, than having to hope that I will be able to make it through the day. My lung function continues to be excellent. My heart rate remains stable and my energy levels are good."

'The only major new development I have noticed is not dramatic, or quick, but it is very exciting, at least to me. Since having surgery in 1984, I have had red keloid - raised, irregular - scarring, which simply refused to reduce. Now, nearly twenty-two years later, these scars appeared to be fading in colour and to smooth out a little. I have no way of knowing how effective Serrapeptase will eventually be, but I am amazed to see any improvement at all, after such a long time.'

Life was opening up to Mike in ways he had never dreamed. On April 12, 2006 his blog describes how he appeared on an American talk show called, 'The Power Hour'. Says Mike: "Joyce Riley, the show's host, has a strong spiritual faith. One of the questions she asked me was 'Do you believe in miracles? I replied: 'if I didn't in the past, I do now."

In an earlier show a caller had enquired about helping someone with cerebral palsy. Joyce interviewed Robert Redfern, who described Mike's experience with Serrapeptase. She subsequently invited them both onto the show in June 2006. After Mike's contribution was completed, Robert Redfern spoke of introducing Mike to HealthPoint He said: "If I can add just a little bit more to his adventure then I'm privileged."

April 22, 2006 Mike happily reports that his condition is stable.

'Those of you who have asthma will be used to measuring your peak flow regularly. I have continued to do this, three times a day, despite being free of symptoms for several months now and free of medication for almost as long. I have found it helpful and encouraging to remind myself that the impact of Serrapeptase on my improving health is actually measurable.

If you listened to my Power Hour interview on April 12th, you will have heard me say that my peak flow that day was at 580. The remarkable thing, for me, is that it has remained stable ever since. Now, it is still 580 never having gone below 560 in the intervening 10 days!

May 25, 2006. This is a celebratory blog as Mike describes his 'first twenty steps'.

"For several weeks, I have been experimenting with standing, with crutches, but not had the confidence to walk. After recovering from a stomach bug I got back on my feet on 24th May thinking I would stand for a few minutes, and that would be that. After about five minutes, my phone rang so, without conscious thought, I found I had taken the 20 steps to answer it.

'This might not seem much, but for me it might as well have been miles. It was yet another sign I was regaining control over my condition instead of it having control over me.

'Surgery in my teens had made it hard to walk, especially as I grew heavier. For many years, I'd been unable to walk at all. Physiotherapists and a multitude of medics had told me it was too dangerous for my heart and lungs to continue with any form of mobilisation beyond a wheelchair, even the sort of exercise that many wheelchair users are capable of.

Tuesday, July 04, 2006

'Yesterday marked exactly six months since I first took Serrapeptase so, I visited my family doctor for a regular check-up. In spite of the amazing improvements in my health, I did not expect the dramatic news that I was about to receive.

'Remember I stopped taking my prescription medication in February and had had no ill effects from doing so. However, repeat prescriptions were left in place, which meant, should my health deteriorate or my condition change in any negative way, I could reorder them without the need for a face-to-face meeting with the doctor.

"I am enjoying being able to assume that I will feel well and healthy rather than having to hope that I will be able to make it through the day"

Mike Tawse

“Although I have been enjoying the benefits of Serrapeptase, since January, I still continue to be amazed by the speed and stability of my progress”

Mike Tawse

This was intended to give me a safety net. Now, five months later, and after careful, detailed checks of my heart function, blood pressure and lung function, which have ALL been confirmed as NORMAL, it has been agreed that I am very unlikely to need them ever again and even less to want them. Finally, it seems, the medics have accepted that, at best, my health may continue to improve and, at worst, it can be expected to remain stable.

‘The significance of this is hard to overestimate. Although the content has changed many times, I have had some form of repeat prescription for as long as I can remember. Although I have been enjoying the benefits of Serrapeptase since January, I still continue to be amazed by the speed and stability of my progress.’

Thursday, July 13, 2006

Mike received a phone call confirming he would start a formal program of physiotherapy at the beginning of August.

‘It will involve both supervised and independent exercise, aimed first at general fitness, then specifically at ‘functional walking’. Although this is a somewhat unusual phrase, I was thrilled to hear it. This is the first time I have been thought well enough for functional walking for many years! It is true that I have had physiotherapy more recently than 1987, but on these previous occasions, the treatment was intended to be short term and to assist with recovery from specific medical incidents.

‘At these times, the aim was not to improve my general level of mobility. In fact, the last time I received physiotherapy, in 2002, the treatment was stopped almost as soon as I tried to walk, because my heart could not cope with the effort needed.

‘I am confident that now my heart and lungs are stable, without medication, I will have much more success and that any improvements will be much better maintained than they were the last time I tried physiotherapy.’

Many people would have been bitter that life had handed them such a difficult condition to bear. In Mike’s case he is disarmingly modest in his expectations. “When I first began to be well my attitude was ‘If this fixes my lungs and gets me off my nebuliser I’ll be happy.’”

He might be constricted in comparison with many people, but he is full of appreciation and gratitude and goes to great lengths to give hope to others facing health challenges. Reading Robert’s article he was ‘amazed to receive such an incredible complement’

July 23, 2006

‘I have known for some time about the new website www.themiracleenzyme.info known as The Serrapeptase Forum but I had no idea that I had played such a significant role in inspiring Robert to set it up or to make changes to his book.’

Writes Robert: ‘Mike is not quite up to doing cartwheels, but this IS a WONDERFUL metaphor for the giant strides he has made and, no matter how much he tries to give the credit to others, there is no doubt the main credit belongs to him with his quiet determination and readiness to try.’

That same evening, Mike records how he was able to go out for a meal with one of his friends who, a year earlier, had wondered if he would actually survive until then.

‘It was hard for me to tell which one of us was more excited.’

Monday July 24th, the following day.

'My local pharmacy finally collected all my old, unused medication. So now I suppose it is official: a small step, but a great psychological boost.'

In October 2006, Robert and David visited Mike and recommended MaxiFocus™ for his failing eyesight, Curcumin98™ for his whole system, D-Ribose™ and a new nutrient, Glyco8+™, to help regenerate his body. They spent most of the time talking about the amazing impact that Serrapeptase continued to have on Mike.

Wednesday, November 01, 2006

'Although the changes in my health are less dramatic now, the improvement continues to build steadily. My muscles are stronger and more reliable, so I can get from sitting to standing without using my hands; this is something, which I have not been able to do since I was a young child, but I DO still have to hold on once standing. The thing to remember is that this has all happened without physiotherapy, which I am still waiting for.

'My lung capacity is still good and my heart rate is stable. I was even able to visit one of my friends a couple of weeks ago, which meant having to handle a flight of stairs, on my hands and knees. Of course, this raised my heart and breathing rate, but they recovered in minutes with no adverse effect. In the past my friend had to visit me in order that I might avoid using the stairs. I was pleased to be able to share all this with Robert and David, and to get even more tips from them, including more information about Curcumin98™, which I now take every day.

'My introduction to HealthPoint™ was brief, but fascinating. I'm looking forward to learning more and I am convinced I will gain a lot from it, although I have to get someone to help me with it because my coordination is not quite good enough for it, yet.'

As Mike points out, there is a lot of confusion surrounding cerebral palsy. There are people who believe it is an illness that can be cured, whereas it is a condition, which, as he has proved, can be ameliorated. However, the dramatic improvement in his eyesight and visual perception remains a mystery factor.

As he says: 'I have been writing about the improvement in my eyesight for almost a year now, but so far I have concentrated on how well I can read, how well I can see over a measured distance under test conditions. I have even discussed the test results, which proved to me that prevailing medical opinion, which argues that such improvements should not be possible, is clearly wrong.

The second year of Mike's Serrapeptase Adventure has undoubtedly been dominated by this remarkable development. He feels that is the most exciting and unexpected of all.

'Why do I describe it as 'the puzzle of depth perception'? He queries. "To explain I'll highlight the changes in my health during My Serrapeptase Adventure in contrast to the acquisition of a completely new skill. 'It is obvious to me that the problems with my heart, lung function and digestive system were most likely caused or exacerbated by the medication I was given to manage symptoms. Serrapeptase gave me a way of managing my condition without them and the chance to recover from their effects.

'The development of depth perception is very different. The reason why I have never experienced it before is a direct result of the underlying brain damage of cerebral palsy. Thus my new-found ability to perceive depth, and to make sense of it, cannot be described as a recovery. To the best of my knowledge, it is not possible to recover a skill that was not previously available.

"My local pharmacy finally collected all my old, unused medication. So now I suppose it is official. It is a small step, but a great psychological boost"

Mike Tawse

“I have recently discovered that many of the symptoms were known, and even expected, side effects of all the prescription medications, which I took before serrapeptase rescued me”

Mike Tawse

‘This is one bit of the whole story nobody understands. Robert Redfern described Serrapeptase as ‘the miracle enzyme’. It is a description I believe is well deserved.’

On February 18 2008 Mike celebrated the anniversary of when he stopped his prescription medication and began ‘a life free of toxins... a life to be lived and not just survived’

‘This anniversary reminds me that the search for good health has much more to offer than freedom from illness. It is as much about new insight as new hope.

‘Every day Joyce and Dave of ‘The Power Hour’ remind me that Knowledge is Power. I believe that knowledge, freely and honestly shared, is a gift and it can be an inspiration. Imagine what we could ALL achieve if each one of us accepted the gift and opportunity to inspire just one other person. My Serrapeptase Adventure and the kindness of those who enable and inspire it, continue to provide proof of what can be achieved when knowledge is shared as a gift.’

Mike’s story is a blend of personal determination and the support of others. It is one that begins in despair and illness and progresses to hope and health through the fortuitous discovery of Serrapeptase and collaboration with Naturally Healthy Publications’ Robert Redfern. The journey which began in 2005 has now reached the point where the unexpected becomes the accepted.

Throughout the past year Mike has continued his blog, recording his thoughts on disability and charting further positive developments.

“My own experiences have taught me that living with a disability, whilst not being dominated by it, requires a delicate blend of personal determination and the support of others,” he says.

January 3rd 2008, marked the second anniversary of the day when Mike first took Serrapeptase, ‘the first day of my third year of adventure. This was a day which, just a few short years ago, I could not reasonably have expected to see.

On February 18th, another anniversary: the first full day of his third year without prescription medication! ‘For me, this second anniversary of freedom from prescription medication is, in some ways, even more significant’.

He adds: ‘I have recently discovered that many of the symptoms were known, and even expected, side effects of all the prescription medications, which I took before Serrapeptase rescued me.’

This was quite a momentous day for Mike because he also discovered he could harness the power of HealthPoint, alone. ‘I am able to do this by means of the ear clips which come with the machine, allowing me to overcome the limitations of normal dexterity which are signatures of cerebral palsy.

Mike notes the ‘amazing level of relaxation’ comparable with that experienced earlier in the expert hands of the Good Health Naturally team. ‘If it continues to work as well, despite my lack of expertise, then I will be thrilled’.

On March 5th, Mike is musing on what has led to the remarkable improvement in his eyesight, developed since November 2006. ‘I will be fascinated if a definitive medical opinion ever emerges. I believe that the improvements in my eyesight and visual perception are perhaps among the most remarkable elements of My Serrapeptase Adventure.

Mike did a photo shoot in April, something which can present difficulties for many people with spastic forms of cerebral palsy, he tells us. Because of

sufferers' tendency to flinch and blink in response to the camera flash, it is hard to obtain good quality photographs. Mike thanks photographer, Matt, for his persistence and ingenuity. The results speak for themselves.

It was 'Keep Fit' time in June 2008 when Mike renewed his gym membership. A month later there is a happy blog when, on 24th July he is allowed to use the abdominal toning machine without supervision. This proves his core muscle strength had improved immensely.

When In August 2008 the Great Britain Olympic team emerged with flying colours, Mike blogged of his own triumph. As he watches the BBC's coverage of the sporting events he notices something very exciting. For the first time he can recognise individual athletes and follow them as they move. Mike had been commenting on his improved eyesight since November 2006, noting how it had moved to 'within normal range' since 2007. But even he was surprised by this alteration. As he says: 'It is a real pleasure to be able to understand what everyone around me is talking about when they try to convince me how exciting their chosen sport can be.'

In late autumn, Mike was looking forward to the exciting challenges he felt certain 2009 would hold. Then in November, Joyce Riley of the Power Hour recorded her personal view of his Serrapeptase Adventure, spanning the early days to the present day. As Mike writes: 'it reminded me of how My Serrapeptase Adventure started. It was Joyce's interview with Robert Redfern that gave me the information I needed and the confidence to try Serrapeptase for the first time. This was long before my eyesight became good enough to read the information for myself.'

They say life begins at forty. However, when you have been born with a condition that has involved a multitude of drugs in an attempt to treat its symptoms, attaining that age seems tenuous. When Mike woke up to his birthday in 2009 he realised he had made it. He was reminded once again that the truest measure of good and improving health is not expressed in moments of personal drama. Perhaps it is the ability to enjoy those pleasures of life, which many people take for granted.

This is the beginning of another bright new decade in his life and marks yet another milestone in his inspiring journey. The next stage is when he 'takes wing' and flies back to his country of birth, the USA, and to Canada where he was lovingly fostered. It is a trip he never thought would be possible in the poorly condition he suffered until 2006.

'I would like to thank Robert Redfern for his inspiring work with Serrapeptase and I am sure that he will continue to bring hope to people around the world!'

Jenny Pulling

"I would like to thank Robert Redfern for his inspiring work with Serrapeptase and I am sure that he will continue to bring hope to people around the world!"

Mike Tawse





Serrapeptase News

Naturally Healthy Publications

45 Reasons to Take Serrapeptase

The wonderstory of Serrapeptase just grows and grows

Serrapeptase is the amazing enzyme that stops unhealthy inflammation in its tracks and clears inflamed dead tissue. Science has now concluded that the prime factor in the majority of disease is inflammation. Sorry drug companies, but your anti inflammatory and its side effects are not needed. Serrapeptase is the safest and most effective all round solution to inflammation and the feedback from such a wide range of conditions proves it.

Since I started in 2001 to publicize Serrapeptase, each year has seen a larger and larger array of conditions that can be helped by this wonder enzyme. Even though there are only 23 studies, the feedback from Practitioners, doctors and the thousands of users proves that nearly everyone can benefit by taking it. Read them in full at www.serrapeptase.info and download the Free 16 page Newsletter. Please email me directly with any questions at Robert4GoodHealth@Yahoo.com

7 Years of Serrapeptase Information

A Practitioner's Story

Sylvia DeSantis - Naturopathic Counselor
A patient - After taking 2 tablets 3x a day of the 40,000 IU, for about six weeks, her shortness of breath had lessened, her voice was back to normal, and her cough had subsided to just a little.

Personally - I had a constant pain in my back for over 20 years. It was something I just lived with, and never really took anything for it unless it got too unbearable. After taking Serrapeptase for about three weeks, I realized I had no pain. I am so amazed with this product that I talk to people all the time about. Almost everyone I know could benefit from it one way or another. I now take 2 to 3 a day just for maintenance. *Sylvia DeSantis*

Acne Rosacea

'I suffered from Acne Rosacea for 13 years' Says Pat: "I'd suffered from acne rosacea for 13 years and nothing seemed to work. It was when I was onto my 2nd or 3rd bottle that I noticed the rosacea was clearing up. Now on maintenance dose of 1 x 3 daily, Pat is delighted that her skin tone is now perfectly even and her pimply red nose a thing of the past.

Adhesions

'Within three weeks, I felt relief' Since Sept. 2006, I suffered with abdominal adhesions and had to take a prescription three times a day, all with no results. I tried Serrapeptase capsules, and within three weeks, I felt relief. I am improved 85% to 90%.

It also helped with my varicose veins. *K.F. - U.S.A.*

Angina

'Since taking the 80k IU Serrapeptase tablets, my Angina has stopped' I had angina pains just walking my dog around the block by the time I only reached the half way mark. I took 6 of the SerraEzyme 80K tablets for 30 days, and now I'm down to just 3 a day. Again, I'm 82. *Larry Hawes - Ellenton, Florida*

Animal Treatment

'the dog had immediate results.' We have a 14-year-old arthritic dog that could hardly walk. As he got older, he was getting much worse. We came across Serrepeptase, and to our great relief, the dog had immediate results. It has now stopped hurting, he is able to sleep much more comfortably, and he is generally more relaxed. Yours faithfully, *A.H. - USA*

'they have all now put their horses, dogs & husbands on Serrapeptase.' Ruth called very upset as her 26 year old mare was so chronically lame with arthritis that 3 vets had recommended that she be put to sleep. We recommended that she try SerraPet, as she had tried everything else. We put Walnut on 12 tablets a day and to keep her on that until Ruth noticed an improvement, then to drop the dosage to 8 a day. 18 months down the line, Ruth and Walnut are back riding round the village and thrilled, Ruth keeps walnut on a maintenance dosage of 4 tablets a day. *Ruth Kelso - UK*

'A course of SerraPet got him back and winning' I was delighted with the results achieved on my Pekinese who had back/ leg problems and wasn't walking properly. Vet suggested an operation! A course of SerraPet got him back and winning in the show ring. I have given my vet your brochure so that he could read up about it, as he was amazed at the lad's recovery! *Mrs. Jarvis*

Arterial Disease

Carotid Arteries - 'Serrapeptase has done the trick.' I just wanted to let you know that I have my results from my ultrasound on my Carotid Arteries. The left is now completely clear from 48% blocked and the right has a small visible amount about 5% to 10% from 50% blocked.

From something that cannot be reversed, good old Serrapeptase has done the trick. Many thanks for all your advice and encouragement. Best regards, *Harold*

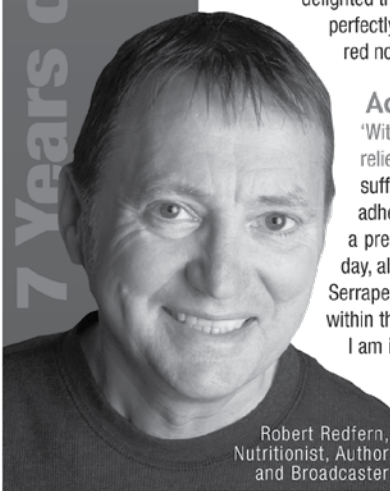
'it has kept my brother alive and helped my twin sister tremendously.' My sister has a blocked artery in her brain (found by some kind of testing). BlockBuster and Serrapeptase has kept her from needing another stint since she started the therapy.

My brother has also improved dramatically since using your recommended products (heart blockage with no stints because of no insurance). He can function now, whereas before he was incapacitated by pain. *Sincerely, Charline*

Arthritis

'I made up my mind I'd give it a try' "I'd just like to say that it has worked wonders for both my back and knees". Severe pain in his back and knees was affecting Mr Owen's life badly. He walked sideways 'like a crab' as he puts it. That was until he heard about Serrapeptase on the 'Dennis the Chemist' Radio program.

"I made up my mind I'd give it a try," he says. "I'd just like to say that it has worked wonders for both my back and knees. I have very little pain these days. I also recommended it to one of my sisters and it has cleared up her chest problems." Thanks



Robert Redfern, Nutritionist, Author and Broadcaster

'I can hardly believe the change.' I had varicose veins on my legs for 10 months. They stood out like ropes and I was too embarrassed to wear a skirt.

I also had very swollen ankles as a result of my arthritis. I often had to be lifted out of bed as it was too painful to stand.

After 3 months on Serrapeptase, the 'ropes' have gone off my legs and I can wear shorts. My arthritis is so much better that I have been able to go back to work. I can hardly believe the change. God bless you for finding this product. Keep up your great work. *Marie Shortt*

'To my amazement within 2-3 days I was feeling relief.' I have suffered from Arthritis for about 20 years. I started taking Serrapeptase at a rate of 4 a day, 2 in the morning and 2 at night. To my amazement, within 2-3 days I was feeling relief. All I can say is this product is great! I am walking without pain. I can now walk briskly again after all these years. One of the plus sides I did not expect is that it has helped my heartburn as well. *B.P. - USA*

Arthritis - A Practitioner Story

I have a client who has suffered with a severe gout-like arthritic pain for 5 years. His general health also suffered, he developed a lung problem and he was at a very low ebb. He was taking large doses of Ibuprofen, with little relief. He started taking Serrapeptase, but after 3 months he was still in some pain and was going to give up. I persuaded him to carry on and he started to improve. He is now fully recovered, playing golf and enjoying life again. He is absolutely delighted. *A Practitioner Story*

'the swelling has gone, I can feel my bones again.' "one week later the right knee is normal, the swelling has gone and now I can feel my bones again."

Thank you so much for Serrapeptase, I took it last Friday [20/08/04] and after a few hours the pain in the knee, which has been present for the past 3 months, was gone. I couldn't believe it, so continued with taking 3x2 tablets a day, and now one week later the right knee is normal, the swelling has gone and now I can feel my bones again.

I tell everyone this miracle, and everyone is writing down your website. May it benefit more people who are suffering so long with the wrong medicines. Thank you and Warm Greetings, *Maria.T. Ph.D - Holland*

'I no longer need medication for Arthritis.' "I have to know it 'works' and isn't just another wonder substance. That's why I am recommending serrapeptase to my clients. I think it is fantastic!"

Karla is 62 and for the 17 years has suffered from severe arthritis and gout. She tried everything to rid herself of the pain even

painkillers although she dislikes taking orthodox medicine.

I no longer need medication for Arthritis or for Gout and am feeling so very much better. Thank you for a GREAT product; I can recommend it to all my clients and will be happy to do so. Kindly greetings, *Karla Graham*

Arthritis: Osteoarthritis

'I've recommended it to several people, they're taking it too.' "I've been taking serrapeptase for two months now and I felt wonderful after the first few days. I didn't think it was going to work but it has. I have no pain in my back at all and all the inflammation has gone too. There has been a marked improvement and I feel good. I think it may take a bit longer to deal with my knees and I'm prepared to persevere.

I've recommended it to several people and they are taking it too. I'm doing my bit to spread the news!" *Mrs Morris*

Osteo and Rheumatoid Arthritis, Bone Spurs, Varicose Veins "Within 3 days my pain diminished by 25-30%, after 1 full week on 600 mg twice a day, I was pain free! I have decreased to 400 mg bid and am still pain free."

I think that this is the most miraculous product I have ever encountered. I have passed out literature and talked up the product to my friends, family and clients. I am licensed to do medical, rehab and sports massage.

One of my clients wears support hose because of ropy varicose veins. He said that after only a month he is almost free from this condition. He is also impressed with the results he has seen in the reduction of symptoms of his Osteo Arthritis. Thank you for providing this wonderful miracle. *A.R., LMY - U.S.A.*

Osteoarthritis: Ann Marlatt, RN "I have not had to take any other medications since just a few days after I started taking Serrapeptase. Congratulations to a wonderful discovery."

It was difficult for me to believe that this product could be as successful as it was advertised. I did endless hours of research on line before deciding to put this product in my body.

To say how wonderfully surprised I was that this product actually worked is a large understatement. Congratulations to all of us who decided to give this fantastic product a try. *Ann Marlatt, RN*

Asthma

Thank you...for making a difference to my life! I have had bronchial Asthma for over 5 years. I started taking serrapeptase over 12 months ago and was surprised to find that I have not suffered with a cough or cold in that time,

whereas before taking serrapeptase I would suffer 2 or 3 infections a year. Thank you Good Health Naturally for making a difference to my life! *Mr. G. - Ireland*

Back Problems (Lower)

I was in a lot of pain for 4 years until I found serrapeptase. I had a severe slipped disc about 9 years ago and was in a lot of pain for 4 years until I found serrapeptase. I have taken it ever since, it is amazing. I just take 2 a day, unless I do something to my back, which is once or twice a year, when I take a much higher dose, which gets rid of the pain. I would not be without Serrapeptase, it is like my crutch, I rely on it to keep me pain free. My husband takes it for mild asthma and it certainly helps him. I tell everyone about it, including my chiropractor. *Linda Wigman*

BlockBuster

'One of my patients used Blockbuster for deep vein thrombosis' I'm Sheila Balmer, a practitioner. I have used Serrapeptase/Nattokinase myself for a varicose vein and over several months it has cleared up. One of my patients used Blockbuster for deep vein thrombosis which has cleared and he found that his Diabetic retinopathy also cleared up and he's convinced it is the Blockbuster as he has not taken anything else. He is now on a maintenance dose and has been taking the product for a year. *Sheila Balmer, Practitioner*

Myopic Macular Degeneration A few months ago, I was startled to notice straight lines had developed a wavy appearance and immediately saw my optician who made an urgent referral to an eye clinic. I was diagnosed with a bleed at the back of the right eye, caused by Myopic Macular Degeneration, for which I later needed laser treatment.

It was while I was recovering from the laser treatment, in mid-June that my father recommended that I take Blockbuster AllClear capsules to aid recovery. He had read that the Serrapeptase enzyme digests non-living tissue, blood clots, cysts and inflammation.

I agreed that it seemed the very thing that I needed to help mop up the damage caused by the bleed. After I started taking them, I began to feel better immediately and felt my eyesight to be much improved.

Last week I was delighted to be told at my follow up appointment at the laser clinic that I did not need any further treatment as the blood vessel has now closed. Also the back of my eye was much better and the tissues and fluid were settling down nicely. I truly believe that the Serrapeptase enzyme played a major part in my excellent recovery. *Pam Hitchen*

'I went from 98% cranial blockage to NO BLOCKAGE whatsoever!' I had 98% cranial blockage on the left-hand side of my brain. I

bought one bottle of Blockbuster AllClear in August and one in September, and I took 3 in the morning and 3 in the evening. I just saw the doctor today, and after only two bottles of Blockbuster, I went from 98% cranial blockage to NO BLOCKAGE whatsoever! The nurse also told me that I had "really good blood flow." Needless to say, I'm ecstatic and going to celebrate my newfound health. *M.D. - U.S.A.*

'I will certainly continue to use that product' To the "Wow!" People, I have been a health nut most of my adult life. Had both knees injured in a car accident, and by the time I reached 77 years of age I had developed some discomfort in my leg joints while descending stairs. Since my garden is terraced, that took away some of the joy out of being in my garden. After I started taking Blockbuster AllClear, I noticed the pain was noticeably diminished in just one day. I will certainly continue to use that product and look forward to more pleasant surprises.. *P.H. - U.S.A.*

Blood Pressure

Serrapeptase made my blood pressure, which wasn't bad, even better. My blood pressure has usually ranged around 135-145/75-85. This morning, after taking 40,000 IU capsules for 1 month at the maintenance rate of once per day, my reading was 97/57 (pulse 67). This was taken in the morning before getting up from bed. This was astounding for me. I understand that it is critically important to have the diastolic value (lower, resting heart pressure) as low as possible, which I was delighted to observe. What a marvelous product! It helps make what is good even better. *G.M. - U.S.A.*

Blood Sugar Levels

'I can barely keep this product on my shelves.' "I can barely keep this product on my shelves. I've had clients with diabetes tell me this product has helped their blood sugar levels. Also M.S. patients have reported increased mobility." *B.R. - Sarasota, FL*

Breast Cysts

Mrs Mattley had a Lumpectomy in 1998 In 1998 I had a Lumpectomy removed from my right breast and 25 Radiotherapy treatments, since then I have had a thick hard line under my breast, and the breast has always been extremely tender, but after less than 2 weeks on the 6 per day Serrapeptase Caps 80,000IU all was soft and feeling normal, like the other side, it was a shock really, but what a lovely one. Also I was diagnosed in the 1970's with Bronchiectasis, so I have always had chest problems. I am hoping the Serrapeptase Caps will help this condition. *Mrs I Mattley*

Breast Engorgement

'I now recommend it on a regular basis' Caroline Harvey is a complementary therapist. "I now recommend it on a regular basis and I

am quite impressed. I started taking it myself when I was breast feeding one of my sons and developed quite bad mastitis. After a week of taking Serrapeptase I developed nervous stabbing pain. I think Serrapeptase was helping my body get rid of the cystic material as it soon went. It is expensive but it's worth it." *Caroline Harvey*

Bronchiectasis

'She says she has never felt so well.' My sister aged 62 has lived in the middle east for many years and has suffered from bronchiectasis and emphysema for a long time. This is not helped by the air conditioning that runs all the time. At Christmas she caught pneumonia and was in hospital. When she recovered from that, someone suggested she take Blockbuster. She said 'Oh, go on then, I might as well'. She has taken them ever since. She has a lot less rubbish on her chest, so does not cough as much. She says she has never felt so well. *Anonymous*

Bursitis

'Last night was the first pain-free...in 4 weeks' Thanks for the info. Just an update on my condition. Last night was the first pain-free continuous sleep I have had in 4 weeks. I will continue with the Serrapeptase therapy (3X3 per day) for now. Thank you, *Jerry - Canada*

Cardiovascular Disease

'I couldn't get out of bed.' I have my own testimony to add to your program. I was so weak, I couldn't get out of bed. Ninety-nine percent of people at my age die. I am 72 years young and still biting at the bit. I had deep vein thrombosis (DVT) in the popliteal space behind the left patella. A part of the embolism broke off and relocated in the right lobe of my left lung. I also had a 20-year fungal infection on my big toe of my left foot, which completely ameliorated and is gone. The skin is pink and the nail is normal. My energy is back, and my mental outlook is superlative. Thank you Robert Redfern and Serrapeptase. Be Well. *G.M. - U.S.A.*

Catarrh

'I have had terrible problems with Catarrh for many years.' I have found SerraPlus caps marvellous for me. I have had terrible problems with Catarrh for many years. Several of my family have it, so it may be genetic. I developed asthma through stress, but managed to get rid of that by changing my diet and having cranial osteopathy, but was still left with the catarrh. A friend suggested serrapeptase and since I started taking the Serraplast my nose is clear and I no longer have to constantly clear my throat. I am really pleased with them. *Anonymous*

Catarrhal Rhinopharyngitis

Serrapeptase helped with my really terrible Catarrhal Rhinopharyngitis. When I was taking Serrapeptase it helped my really terrible

catarrh, I could hardly breathe in the mornings. Someone advised me to try Serrapeptase and it certainly moved the catarrh. My friends are also using it, One man had trouble with his foot and another had a similar problem with catarrh. We all agree it is very much to be recommended. And I make a point of getting to bed by 10.30 the night Dennis the Chemist is on the radio...the first thing he ever mentions is you've guessed it Serrapeptase!

Steve Oliver

Chelation

'I no longer require Chelation.' "After using Serrapeptase my diabetes is under such better control that I no longer require Chelation."

M.C. - Pine Mt., CA

Cholesterol

'Thank you so much' Thank you so much from my mom...she just had her cholesterol checked and it was down. Thank you so much, *Karlene F.*

Chronic Ear Infections

Ear & Sinus Infection - I suffered from an ear & sinus infection for several months. I took three rounds of very strong antibiotics. Within days of taking two tablets each day of Serrapeptase, there was an improvement, and the infection is completely gone now. In addition to the ear and sinus healing, I notice that I am feeling better overall. The best thing is that there have been absolutely NO negative side effects. I appreciate the information you have provided and thank you very much. *B.W. - U.S.A.*

Colon Problems

'my colorectal problems feel better.' I am taking the SerraEzyme 80 quad-strength tablets 80,000 I.U. serrapeptase - one per day. I have only been taking since Monday and already my colorectal problems feel better. For your info too, I recommended them to a friend of the lady who gives me a massage twice monthly as her friend has an enormous scar on her face from surgery. She has only been using them for two weeks and already she can see a difference. *Lucinda W.*

Coughs

Mrs. T's Persistent Cough & Colds Mrs T's persistent cough and colds made her life a misery. To be honest I am delighted with it. If I have a cold or a chesty cough I find it's completely gone in a couple of days. It also helped another friend with severe cystitis. It is amazing that such a simple remedy should be so effective." *Mrs. S.T.*

Crohn's Disease

I had Open Heart Surgery (5 bypasses), 15 Stents, Angina Attacks, and Crohn's Disease. In September 1995, I had open heart surgery with five bypasses. By 2006, I had 15 stents installed. In November 2007, I started chelation, as I was having angina attacks 3-4 times a week. I started taking the 80,000IU SerraEzyme

Naturally Healthy Publications

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in December 2007, as I was once again experiencing daily angina attacks when I walked my little dog. Since I've been on Serrapeptase, all symptoms of angina have stopped, and I walk my dog every day here in Florida in heat around 80 to 90 degrees--a one mile walk, and no angina.

Plus, at age 80, I was diagnosed with Crohn's Disease.. If it were not for finding Serrapeptase, I would not now have control over my Crohn's as well. *L.H. - U.S.A.*

Cysts

'Within three months the cyst had disappeared.' "I feel as though I've been given an extra life!" says 64-year-old Dorothy Antrobus, "I feel and look good and it's thanks to Serrapeptase. I swear by it."

Some while ago Dorothy had surgery on her knee and all seemed to go well. Then she began to experience a lot of pain and was told she had developed a cyst. The rest is history. Within three months the cyst had disappeared.

Dorothy Antrobus

Diabetes: Type II

Robert, your 'good-word' is spreading. My diabetes specialist Doctor (Endocrinologist) has been delighted with my condition, and all blood chemistry measures have been virtually "non-diabetic". If you know the scale, my so-called A1c measure has been 6.8

The only issue not seemingly ideal to my specialist, is that my so-called "good cholesterol" number is around 36, where, with my being a type II diabetic, she would prefer to see it over 40. I have thoroughly read, and endeavor to follow, the regimen's in your excellent booklet "The 'Miracle' Enzyme is Serrapeptase The 2nd Gift from Silkworms". *Robert Rivard*

'My Type II Diabetes Caused Leg Numbness' I lived with numbness in my legs for at least ten years, and it had been getting progressively worse. My herbalist told me about serrapeptase. I took 6-8 of the 80,000IU tablets once a day after I got home from work. I also take wheat grass. After only about a week and a half, I was absolutely amazed that the numbness in my legs had receded, and I could feel my legs again! I no longer "stump around," and I'm able to walk normally. I'm pretty excited about that! *K.S. - U.S.A.*

Emphysema

'I have Emphysema, but now feel like I did 30 years ago.' Dear Staff, Thank you for the fast service. I'm not writing this to claim a freebie, but to say with Serrapeptase and Oxyorb, my life has changed beyond my wildest dreams! I have Emphysema, but now feel like I did 30 years ago. I have reduced my inhalers by 50% and could do with less. I felt today as if I was in a dream! Regards, *Tom Scally*

Emphysema - *Caroline Harvey*
I'm Caroline Harvey a complementary therapist. "The best result I have had was with a man who was 93 when I first saw him; this was about 2 years ago. He was suffering from very bad emphysema to the extent he could hardly walk let alone go up stairs and was on oxygen 12 hours a day. Since he took Serrapeptase he has been able to lower his intake of oxygen by 50%. I saw him a few months ago he is now 95. He was going to the Health Centre on the treadmill and said he was looking for a new wife. He is taking minerals and vitamins as well, but it is the Serrapeptase that has yielded best result, lowering inflammation in the lungs. *Caroline Harvey*

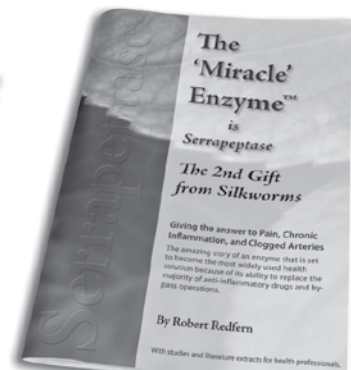
'It seems to have no bad side effects at all.' When a recent respiratory test revealed a remarkable improvement in Mr Clarke's breathing capacity, medical staff were impressed and want to learn more about its properties.

"It is early days yet," says Joy, "we're going to wait until he sees the specialist next time. But my husband is certainly continuing to take serrapeptase. Unlike the steroids which affect the adrenal gland and cause depression, serrapeptase seems to have no bad side effects at all. Maybe in time we can get him off these other drugs. I know they're not good for you in the long term."
Mrs. and Mr. Clarke

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For over a quarter of a century, the clinical use of Serrapeptase as an anti-inflammatory has been widespread throughout Europe and Asia.

There is a growing list of conditions that respond to Serrapeptase, simply taken orally in tablet or capsule form.

- ❖ Pain of any kind
- ❖ Lung and Bronchial Problems
- ❖ Eye Problems
- ❖ Ear, Nose and Throat Problems
- ❖ Trauma recovery/aftercare
- ❖ Inflammation of any kind
- ❖ Cardiovascular Problems
- ❖ Varicose Veins

Find out more about Serrapeptase now - Phone: 0870-225-2530

3. Serrapeptase, its Uses & Action Plans

Serrapeptase has been admitted as a standard treatment in Germany and other European countries for the treatment of inflammatory and traumatic swellings.

In one double-blind study of Serrapeptase.... In the group receiving the Serrapeptase, the swelling had decreased by 50% on the third post-operative day, while in the other two control groups (elevation of the leg, bed rest, with or without the application of ice), no reduction in swelling had occurred at that time. Decreasing pain correlated for the most part with the reduction in swelling. The patients receiving Serrapeptase became pain-free more rapidly than the control groups. By the 10th day, all patients were free of pain in the Serrapeptase-treated group. The therapeutic daily dose was 1-2 tablets (10,000IU) 3 times daily.

Why Do I Recommend Higher Doses?

A Frequently asked question is, Why do I recommend an 80,000IU doses when the early studies used just 10,000IU? The answer is simply because I have found it works that much better. People are now clearing health problems unheard in 1999 when I first came across serrapeptase.

The previous story you have just read regarding Mike Tawse may never have happened without higher dose serrapeptase.

In ten years of high doses there have been no reports of any side effects from these doses except for a few reports from those with a previous dysfunctional digestive tract. This can easily be fixed with my digestive recovery plan.

The following Action Plans (with Serrapeptase and other nutrients) have been proven time and time again to help people, suffering from various conditions, to recover their health.

There is no doubt that taking Serrapeptase alone will give outstanding improvements - but if true health recovery is desired, then the more a person does, the better the results.

If there is anything that you are not sure of, please contact the Help Line for advice.